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## Resilience in Student Research

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## Volume 21 (2021)



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## Cover Art



## A "A PROBLEM SHARED" BY BLAITHIN THOMAS

Weltschmerz: a feeling of melancholy or world-weariness.

Although this may be the first time many of you readers are hearing this word, this feeling is a good descriptor for the emotions felt by people today.

The COVID-19 pandemic—and its contribution to an already insidious mental health crisis amongst healthcare workers—has left many of us feeling like we carry the weight of the world on our shoulders. However, we should never forget that we don't carry this weight alone, and that by coming together as colleagues and friends, we can overcome any obstacle.